



APCR Newsletter

Celebrating 17 Years of Excellence!

February 2018

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*Do you have news you'd like to share? IF so, please contact Jacqueline.
jdwilliams@uams.edu*



President's Report

Sylvia Zavatchen, MEd

APCR President

The talents of the members of the APCR never cease to amaze me, as well as their commitment to the APCR and to the education and promotion of program coordinators everywhere. I am humbled by the efforts and the accomplishments of my colleagues and friends.

Joey Stuckelman, Chair of the 2018 AUR APCR Program Planning Committee has orchestrated a phenomenal program pertinent to coordinators of all levels of experience. There is something to challenge and to educate everyone.

In response to increasing focus on physician wellness, the APCR will debut a new committee at the 2018 AUR: the Wellness Committee. Kelly Aronson has graciously accepted chairmanship of this committee and introduces its mission and her purpose on page 6.

Janet Palmer, one of two radiology coordinators on the ACGME Coordinator Advisory Group, talks about the group and its latest accomplishment: a program coordinator webpage in the *Journal of Graduate Medical Education*.

Nine APCR members have recently earned TAGME certification or re-certification! If you are interested in TAGME certification, please be aware the deadline for application is Feb 28!

Another deadline coming up is Mar 6 for application for the 2018 APCR Scholarship for attendance at the AUR. Soon it will be time to pack your business cards and your sunscreen! I hope to see many of you there.

In the meanwhile, please feel free to contact me about any APCR matters at zavatcs@ccf.org. For the APCR, my door is always open.

Sincerely,

Sylvia Zavatchen, MEd
APCR President

THE 2018 AUR

A SNEAK PEAK FROM THE CHAIR OF THE PROGRAM PLANNING COMMITTEE

by Joseph Stuckelman, MFA, C-TAGME,
Chair 2018 AUR APCR Program Planning Committee

As coordinators, we have a lot happening in the coming months. Even so, I hope you will take a minute to register for the 2018 AUR Annual Meeting in Orlando, Florida on May 7-10, 2018. The theme of the meeting is "Health and Well-being of the Profession and the Professional".

As the recently-mailed AUR brochure states, "For those of you who are regular attendees, you will notice that the 2018 meeting has a new format designed to break down silos and help us learn from one another." And, to many people's delight, 7am sessions have been eliminated.

We have planned an exciting and fresh program, with content for coordinators at all points in their careers.

- The APCR Foundation Course is designed for coordinators with 0-2 years' experience and will be held before the official start of the AUR, on Sunday, May 6, from 1-5pm. Make your travel plans accordingly. This course will require separate registration at NO cost to APCR members. Register here: <https://www.eventbrite.com/e/apcr-foundation-course-aur-2018-annual-meeting-tickets-42095425551>
- The APCR Welcome Reception will be held on the evening of May 6th, so please be sure to include this event in your travel plans.
- In partnership with the Radiology Leadership Institute (RLI), the APCR has planned two sessions designed specifically for program coordinators and administrators:
 - Can I Increase my Emotional Intelligence and Why Should I?
 - Leading from the Middle: Maximizing Coordinator Effectiveness

(cont'd)

2018 AUR (cont'd)

- The return of Best Practices of APCR Membership and the APCR Member Lunch & Coordinator Competition.
- “Three Perspectives on Resident Wellness” is a forum featuring presentations and a panel discussion including a Program Coordinator, a Program Director, and a resident.
- Joint APDR/APCR sessions include Hot Topics, ACGME update, ABR update, and more.
- The APCR meeting app will be back! Look for the release in April.

UPDATES FROM THE ELECTRONIC COMMUNICATIONS COMMITTEE

by Joseph Stuckelman, MFA, C-TAGME,
Chair Electronic Communications Committee

The Electronic Communications Committee is currently working on several projects:

- [APCR website renovation](#) - We are focused on reorganizing the large amount of current and archival data that is housed on the website. We want to make it more user friendly, putting focused links on the landing page and organizing data in such a way that makes it easier to find. We will be making changes over the next several months.
- The 2017 APCR mobile meeting app – Yapp – was a huge success! We are currently building the app for the 2018 Annual Meeting. Estimated launch, mid-April 2018.
- The 2017 APCR/AUR mobile meeting app has been archived to create space for the 2018 app. You may notice that it has disappeared from the Yapp icon on your mobile device. Our subscription only allows for one activation at a time.

LinkedIn – We currently have 121 APCR members who have joined the APCR LinkedIn group called “Radiology Program Coordinators”. Do you have a question that you need answered? Why not start a conversation with the group...

Any inquiries regarding APCR electronic resources should be directed to the ECC Chair, Joseph Stuckelman at joseph.stuckelman@cshs.org

APCR SCHOLARSHIP FUNDS ATTENDANCE AT 2018 AUR - APPLY BY MAR 6

by Rose Alden, C-TAGME, Chair Scholarship Committee

The Scholarship Committee would like to remind everyone about the scholarship program that provides \$2000 funding to a coordinator to attend the AUR 66th Annual Meeting in Orlando FL, May 7-10, 2018.

New coordinators: This is an excellent opportunity to attend the second annual Program Coordinator's Foundation Course that will be held on Sunday, May 6, the day before the meeting begins.

Information regarding the criteria to apply for the scholarship as well as the application form are located on the APCR website <http://apdr.org/Coordinators-Scholarship-Program>.

Applications must be submitted no later than **Tuesday, Mar 6th** at which time the Scholarship Committee will review all applications. The recipient will be notified by email. If you have any questions, please feel free to contact Rose Alden (513-558-6180, rose.alden@uc.edu).



SUN, MAY 6 FOUNDATION COURSE FOR NEW PROGRAM COORDINATORS

by Sylvia Zavatchen, MEd, Foundation Course Director

You cannot learn to be a program coordinator in four hours. Or even four weeks or four months. But the New Coordinator Foundation Course will make you aware of what you need to know and the resources available for both self-learning and networking.

Following on the heels of last year's success, the Foundation Course will once again be held before the official start of the AUR, on the same day as the APCR Reception.



Foundation Course
Sunday, May 6
1:00-5:00pm



There will be no lunch, but snacks and refreshments will be available.

The target audience for the Foundation Course is coordinators with two or fewer years' experience, but others are also welcome to attend. In fact, experienced coordinators are needed to help with the course!

In the spirit of continuous improvement, we have been enhancing the course every year. At the 2018 AUR, the Foundation Course will be composed of three sections: A Year in the Life, Resources, Open Q&A.

- "A Year in the Life" will review month-by-month responsibilities and how and when to prepare for them.
- "Resources" will introduce the many organizational and educational internet resources available to Radiology PCs.
- "Open Q&A" will provide a non-judgmental forum within which novice PCs can ask questions and raise any concerns they have.

There is no extra fee to attend the course, however, we need a head count for table set up and supply procurement.

Please sign up here <https://www.eventbrite.com/e/apcr-foundation-course-aur-2018-annual-meeting-tickets-42095425551> to receive further details.

REGISTER FOR THE APCR MEMBER LUNCH & KNOWLEDGE COMPETITION

The 4th Annual APCR Member Lunch and Coordinator Knowledge Competition will take place on Tuesday, May 8, 12-1:30pm. Come and join your friends and colleagues for food, fun, and a little friendly competition. Advanced registration is required to reserve your seat (APCR Members only). There is no additional charge to attend this event.

Register now: <https://2018apcrmemberlunch.eventbrite.com>

NEW APCR WELLNESS COMMITTEE DEBUTS AT THE 2018 AUR

by Kelly Aronson, C-TAGME, Chair Wellness Committee

It is with great pleasure and enthusiasm we announce the establishment of the Wellness Committee for APCR members. The newly-founded committee will be unveiled and meet for the first time during the AUR 66th Annual Meeting entitled, "Radiology Health and Wellbeing of the Professional and the Profession" taking place at Omni Orlando Resort at ChampionsGate in Orlando, Florida on Monday, May 7 thru Thursday, May 10, 2018.

The mission of the Wellness Committee is to actively listen within our communities (the AUR, the APDR/APCR Committee, our programs and the ACGME) and engage in discussion to gain support to assemble innovative practices to inspire change that will ensure the promotion of physical and mental well-being to create a healthy work-life balance within Radiology; successively, the Wellness Committee mission will encourage and empower a movement in cultivating positive changes in the growth of prevention and wellness for our coordinators and all those that we support within our programs.

I'm pleased to introduce myself, Kelly Aronson, as the chairperson of the Wellness Committee which I humbly accepted when approached by APCR President, Sylvia Zavatchen. (cont'd)



WELLNESS COMMITTEE (cont'd)

I currently am a fellowship program coordinator and volunteer Wellness Ambassador at Beaumont, Royal Oak. I'm currently in pursuit of a BBA in management, but my background, training and experience in Radiology and wellness are beyond diverse.

I've worked in Radiology for almost 21 years and, starting in 2008, I had the pleasure to begin working with both the residency and fellowships.

I'm a certified personal trainer, BLS instructor and I've had past training and experience as a telephone suicide prevention counselor that I feel has been beneficial to my role as a coordinator. I come to this committee as an individual that has personally experienced loss of a loved one due to suicide; therefore, I harness a determination and passion to protect those that I support and my teammates by pushing for positive change through the pursuit of prevention and wellness.

I look forward to my role and responsibility as chair of the Wellness Committee. I promise that the Wellness Committee will be a team effort that will not sit idle. In the midst of one of the largest movements nationally taking place I envision as a team we can create a Wellness Committee that members of the APCR can be proud of representing and being part of.

To ensure success, we would like to begin generating interest early on for the Wellness Committee to get individuals engaged in the conversation of wellness and to discuss questions you may have about joining.

To start, we would like to establish a minimum of five and maximum of ten passionately motivated individuals ready to make an impact as members of the Wellness Committee.

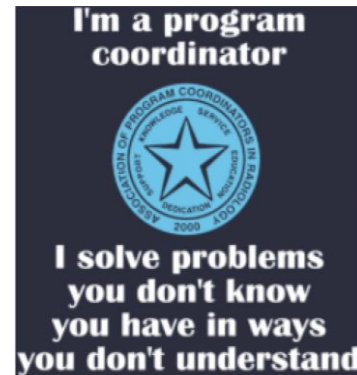
The expectations of this new committee involves attendance at the Wellness Committee meeting during the annual AUR meeting, as well as quarterly conference calls to ensure the committee is proactive within our community and creates a strong presence during our week at AUR meetings. Please search within yourself for talents that you can bring to the table and/or passion that you feel could be beneficial to this committee. We hope that you are excited about this journey and eager to assist in driving the mission of the Wellness Committee forward.

SHOW YOUR APCR PRIDE WITH T-SHIRTS AND HOODIES!

by Amanda Easton, Board Member-at-Large

Based on last year's popularity, the APCR is thrilled to once again offer APCR t-shirts and hoodies at the 2018 AUR Meeting!

The t-shirts and hoodies can be ordered from a form which will be available at the APCR Welcome Reception held Sunday evening, May 6th.

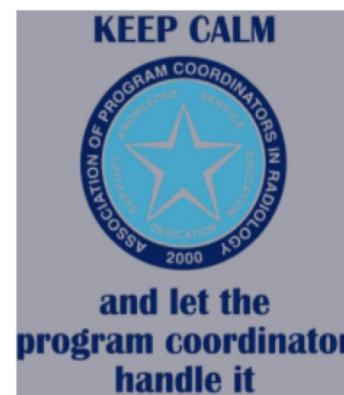


You can pick up and pay for the apparel at the AUR Registration Desk after Monday. After Monday, you can also order apparel at the AUR Registration Desk.

T-shirts are \$15 plus tax and are available in S, M, L, XL, and XXL.

Hoodies are \$25 plus tax and are available in S, M, L, XL, and XXL.

We were happy members to see members excited by the designs and options and even heard that Program Directors were purchasing them as gifts for their Program Coordinators.



It was great to see members wearing the shirts around Hollywood and we look forward to seeing more in Orlando!

CONGRATULATIONS TO OUR MEMBERS ACHIEVING TAGME CERTIFICATION AND RE-CERTIFICATION!

by Kathy Dixon, C-TAGME, Chair TAGME Certification Committee

Newly Certified

Kelly Renee Aronson – Beaumont Hospital, MI



Camille Dykas – Aurora Health Care, St. Luke's Medical Center, WI

Debbie Kenneybrew – Cedars-Sinai Medical Center, CA

Hollie Medina – University of New Mexico, NM

Diane L. Slosser – Bridgeport Hospital, CT



Marleen Viola – Eastern Virginia Medical School, VA

Latoya Wright – University of Texas Southwestern Medical Center, TX



Re-certified

Mary Botero – University of Miami, FL

Amy Romandine – University of Wisconsin, WI



(CONT'D) TAGME CERTIFICATION

The application portal for 2018 TAGME Certification is now open for Initial, Maintenance of Certification and Re-take candidates through **February 28, 2018**. In an effort to “go green” and increase efficiency, candidates will submit all required information through TAGME’s Fluid Review portal <https://apply-tagme.fluidreview.com>. Applicants must first create an account, then sign-in to access the easy, step-by-step process.

TAGME is now accepting credit/debit card application fee payments through PayPal with an existing PayPal account or Guest option. Checks (personal or institutional) and money orders can also be used but must be received or postmarked by February 28, 2018. Applications will not be processed until payment is received.

The first TAGME-PREP webinar will be held on March 10, 2018. TAGME-PREP is a live webinar to help candidates learn preparation strategies, review content areas and answer questions about completing certification assessments. The webinar is tentatively scheduled for 11:00 am Eastern and will last approximately 1 – 1.5 hours. TAGME-PREP is free and available only to 2018 paid applicants. The webinar link and confirmed start time will be emailed to candidates in early March.

SAMPLE QUESTIONS from the Qualifying Assessment and Certifying Assessment can be viewed on the TAGME website <http://tagme.org/wp-content/uploads/2018/01/2018-Sample-Qs.pdf>.

Application FAQs are available on the TAGME website <http://tagme.org/wp-content/uploads/2017/11/2018-AppFAQs.pdf>.

**NEW PERMANENT WEBPAGE
DEDICATED TO PROGRAM COORDINATORS
IN THE *JOURNAL*
OF GRADUATE MEDICAL EDUCATION**

By Janet Palmer, Board Member-at-Large

The Accreditation Council for Graduate Medical Education (ACGME) has been making great strides in recognizing and supporting the role of the coordinator in the management of residency and fellowship programs.

In 2016 they formed the ACGME Coordinator Advisory Group. The group meets twice a year with members of the ACGME. The ACGME made notable changes based on input from the group's very first meeting.

Of the thirteen (13) members on the Advisory Group, two (2) are radiology residency coordinators! Sherry Bucholz, BA, C-TAGME, with Providence Sacred Heart Medical Center, Spokane, WA and myself, Janet Palmer with Baylor University Medical Center at Dallas, Dallas, TX. (While we are not representatives for radiology, we do have the perspective of a radiology coordinator which impacts the advice that we share.)

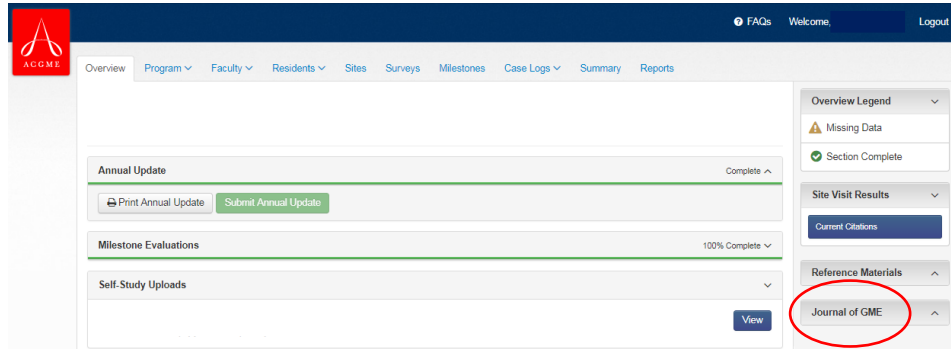
Several major projects are underway that we (the ACGME Coordinator Advisory Group) hope will provide resources and support for all coordinators including

- development of training materials for new program coordinators
- article on the professionalization of the coordinator position
- tool kit for coordinator well-being
- article on the role of the coordinator in resident well-being

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(CONT'D) WEBPAGE

What is **JGME**? It is "a peer-reviewed, editorially independent journal published by the ACGME." And you have full access to it through your ACGME ADS login.



A recent **NEW!** item that is slated to be announced in an ACGME e-communication is the brand-new Coordinator JGME web page. It is listed under Resources on the JGME home page. <http://www.jgme.org/loi/jgme>.



<http://www.jgme.org/page/coordinatorjgme>

(CONT'D) WEBPAGE

The ACGME has created this new site for coordinators with the objective of keeping us up-to-date on coordinator issues and on the work of the ACGME Coordinator Advisory Group.

The Coordinator section of the JGME web page contains links to JGME articles of interest to coordinators and JGME articles written by coordinators. It even contains links to articles that have been written by coordinators and published in their specialty journals.

Again, radiology provides two of the three currently listed articles!

- Otterstad D. The Role of the Residency Coordinator. Acad Radiol. 2003; 10(1):48-53.
- Stuckelman J, Zavatchen SE, Jones SA. The Evolving Role of the Program Coordinator: Five Essential Skills for the Coordinator Toolbox. Acad Radiol.2017;24(6):725-729.

I want to encourage you to explore this website and use the resources provided.

The page invites us as coordinators to submit manuscripts and suggests topics the JGME is most interested in publishing for us.

And for those of you with more experience, get ready to share your expertise by submitting a manuscript!

The ACGME wants our input for this web page. If there is a feature that you would find useful, email the ACGME and let them know: jgme@acgme.org .

You can also email me at Janet.Palmer@BSWHealth.org and I will report to the committee what radiology coordinators have requested.

DUTY HOURS ARTICLE REVIEW

By Basia Nowakowski, Board Member-at-Large

The December issue of JGME, published an article about the recent changes by the ACGME, namely duty hour/ common work hours. Reviewing this article, the points below are suggestions for programs.

In 2003, the ACGME implemented trainee duty hours. Programs were limited to 80 hours as it was deemed that hours beyond would be harmful to patient care and education. In 2011, the ACGME again revised the rules, and defined the hours for PGY-1 residents to a maximum of 16 hours, and residents PGY-2 and above to maintain the 80-hour threshold. Again, citing patient care and including physician well-being.

Between 2003 and 2011, the results were mixed in regards to patient care, however, positive findings that related to resident well-being. Additionally, in two large randomized trials, it was found that limiting PGY-1s to 16 hours was detrimental to learning and working as a team (trial 1). The second trail is still ongoing with Internal Medicine, with the results due in 2019.

Through deep research which included surveying residents, fellows, physician supervisors, GME community, patient advocacy groups, medical student societies, and certifying boards. The results indicated that limiting interns to 16 hours had a negative effect. It was found that there was an increase in stress due to the compression of work during regular clinical hours, and lowered the opportunities to be an effective member of the patient care team - more handoffs, lack of observational opportunities in the course of care, and professional maturation. The literature and feedback supported that the 16-hour work limit was ineffective.

The program requirements that went into effect July 1, 2017 note that trainees can be on service for up to 24 hours, and may remain on a voluntary basis only, for effective patient care. All hours whilst on service count towards the 80-hour limit. Furthermore, as methods of working that include patient care, administrative duties, and learning are always evolving, it is suggested that schedules are appropriately managed so that work is not protracted during regular clinical hours thus

(cont'd)

DUTY HOURS (cont'd)

increasing stress levels nor encouraged to be completed at home, thus mitigating positive effects of well-being, and potentially increasing physician burnout.

The authors of this review acknowledge that patient care and education evolves and that it is not only about how physicians are trained but their effectiveness in the social environment.

Reference:

The 2017 ACGME Common Work Hour Standards: Promoting Physician Learning and Professional development in a Safe, Humane Environment.

<http://www.jgme.org/doi/abs/10.4300/JGME-D-17-00317.1?code=gmed-site>

A NEW MEMBER WELCOME AND A SALUTE TO SEASONED MEMBERS

Always end on a high note. In the spirit of community and celebration of our membership, the newsletter will feature two new sections: a New Member Welcome and a Salute to Seasoned Members.

In the New Member Welcome, we will feature new members who have recently joined the APCR, in the past 2-3 years. If you would like to introduce yourself to the APCR community, please contact Membership Committee Chair Sylvia Zavatchen at zavatcs@ccf.org for more details. In this issue, we welcome Merlen Sanchez who became a program coordinator in 2018.

In the Salute to Seasoned Members, we will feature the people behind the names you may have heard or read. For this issue, we have chosen to feature some of our Board Members and article contributors. If you would like to share your story with the APCR, please contact Jacqueline Williams at jdwilliams@uams.edu. Thank you!

WELCOME TO THE APCR MERLEN SANCHEZ!

Preferred name: Merlen
 Jackson Memorial Hospital /
 University of Miami
 Senior Fellowship Program
 Coordinator
 Time in position: 1+months
 Mother of two: Kristen 20 and
 Brianna 14



How did you come by your current position?

The position became available in the department where I have worked for 27 years. I have some experience with helping out the educational office.

What previous career experience have you had?

I have worked for the Department of Radiology Administration Office, Finance Office, and Research Office

Would you like to share any notable professional accomplishments?

In 2015, I completed the editing (4-years) of a 1044-page book, *Multidisciplinary Teaching Atlas of the Pancreas* (2015), co-authored by the Chief of Abdominal Imaging and 5 others.

Why did you join the APCR?

Based on the great reviews from colleagues within the hospital: APCR is an excellent source information and help, especially when starting out as program coordinator. The decision to join was obvious, if not essential.

What do you feel is your greatest challenge about your new position?

My greatest challenge is myself. I realize the importance of my new position and I do not want to make any mistakes. With a new job comes great fear.

Merlen, you will be a very successful coordinator and the APCR is happy to bring you into the fam.

A SALUTE TO JOSEPH STUCKELMAN!

Joseph Stuckelman, BA, MFA,
C-TAGME

President-elect, APCR

Chair, 2018 APCR Program
Planning Committee

Chair, Electronic
Communications Committee



Joseph (Joey) Stuckelman has eight years' experience as the academic program coordinator for the diagnostic radiology residency program at Cedars-Sinai Medical Center in Los Angeles. During his tenure there, he produced and distributed a text-to-animation video to introduce the ACGME's Milestones to radiology faculty and residents at Cedars-Sinai.

In 2014, he earned Training Administrators of Graduate Medical Education (TAGME) certification and was elected to the executive board of the Association of Program Coordinators in Radiology.

Joey has presented at local and national GME education conferences. He strives to help coordinators across institutions communicate and collaborate more effectively and develop innovative approaches to training residents, faculty, and peers. With Sylvia Zavatchen, he co-created the podcast series "How Do I Do It?" to enhance professional training for coordinators and managers. Joey is also a co-author on the book, *The Program Evaluation Committee Handbook: From Annual Program Evaluation to Self-Study*. Along with Sylvia Zavatchen and Sally Jones, he co-authored the article, "The Evolving Role of the Program Coordinator: Five Essential Skills for the Coordinator Toolbox", published in *Academic Radiology* in June 2017.

He is an active member of Cedars-Sinai's Toastmasters, where he has achieved Advanced Communicator Bronze and Advanced Leader Bronze designations.

A SALUTE TO JANET PALMER!

Janet G. Palmer
Board Member-at-Large, APCR
ACGME Coordinator Advisory
Group member



Janet began her career in graduate medical education at Baylor University Medical Center at Dallas in 1992 as the assistant coordinator for the Obstetrics & Gynecology residency program. In 2007 she moved to the lead Coordinator position for the Diagnostic Radiology residency program. The Diagnostic Radiology program consists of 28 residents and includes both Advanced and Categorical track positions.

Janet's experience includes working very closely with the radiology subspecialty fellowships and with the MSIV student rotators.

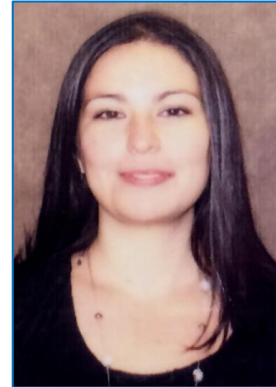
Janet also serves on two institutional GMCE subcommittees: the Safety and Quality Committee; and the Program and Institutional Evaluation Committee.

Janet's professional memberships include the Association of Program Coordinators in Radiology (APCR) and she currently serves on the APCR board for a 7 year term that will conclude in 2022.

In 2016 Janet was selected by the ACGME as one of thirteen (13) coordinators across all training programs in the United States to serve on the ACGME Coordinator Advisory Group for a three year term. This newly formed group serves as a consultative group to ACGME administration on matters related to improving graduate medical education and the coordinator role.

A SALUTE TO AMANDA EASTON!

Amanda Easton
Board Member-at-Large,
APCR



Amanda Easton is the Program Administrator for the University of Washington Diagnostic Radiology Residency Program. The program consists of 45 trainees who rotate at six sites throughout the Seattle area.

She has been in her position since early 2014 and in that time has become increasingly involved with the University of Washington's Graduate Medical Education (GME) committees and activities. She is also a Member-At-Large on the APCR Board of Directors as well as the Chair of the Awards Committee.



Our mission

- To encourage excellence in the administration Diagnostic Radiology, Interventional Radiology, or Nuclear Medicine Residency or Fellowship Programs
- To provide educational opportunities in the field of graduate medical education and residency and fellowship program administration
- To provide a forum for professional growth and a means for exchange of information